

God must always be a part of our goals



Greetings to all the saints in the mighty name of Jesus Christ!

June is here and we are half way through the year. It seemed like only yesterday that we rang in the New Year with celebrations, well wishes, and our 2017 goals. Are you on your way to achieving the goals you have set, or have you tossed them aside until next year? If you've fallen off track, get back up and continue moving forward. We can still strive to achieve what we want to see happen in our lives for this year. Maybe you wanted to save \$300 a month. Maybe it was to lose weight or to spend more time in your word. Whatever your goals may have been at the beginning of the year, it is never too late to pick up where you have left off. The one thing that we must always remember is that God must always be a part of our goals. If we seek Him and follow His guidance and direction concerning our goals, there is nothing that we can't accomplish!

Abundant Blessings, First Lady James

True Happiness can only come from one source and that is God Himself



Greetings in the name of our Lord and Savior Jesus Christ!

"Happy are the people whose God is the Lord". There are so many people who are trying to find happiness. No one enjoys living an unhappy life. Many have turned to drugs and alcohol in hopes that it would alleviate some of the pain, hurt etc. Unfortunately, this is only a temporary fix. Once the intoxication wears off, they will find themselves in an unhappy state once again. We've often seen in the movies where a woman is upset and she turns to shopping to help her feel, "happy". Many are looking for happiness in the wrongs places.

True Happiness can only come from one source and that is God Himself. The Hebrew word in the Old Testament for happy is "esher". The Greek word in the New Testament is "makarios". Both words are translated to mean "blessed." In other words, the person who feels blessed is happy. We know that we are blessed because regardless of what happens in life, God is able to bring us the greatest satisfaction. Our circumstances don't dictate our happiness. The fact that we can commune with the Almighty Creator is a wonderful privilege. We are blessed because we are in relationship with God and that is enough to make one happy.

Have a "happy" and awesome June! Pastor Bridget

TOMORROW IS NOT PROMISED TO ANY OF US

BY: SHARMAINE WALCOTTE



We go to bed every night, wake up every morning not knowing what the content of our day holds. But from the moment we open our eyes we begin planning our day in detail, sometimes days, weeks, months in advance!

We expect that our days will end free of mishaps, disappointments, bad news and negativity! And for most of us, it goes by pretty much that way! For others, what begins as a normal carefree day, ends in life changing events! Maybe a terrible accident, bad news that changes our life forever or changes the way we view life!

Life is so short! It is only but a vapour! Tomorrow is not promised to any of us! But thanks be to God that today He has afforded us a new day! (James 4: 12-15)

We have so much to be thankful for! Each day we should rise with a praise on our lips and gratitude in our hearts! Take the time to ask our Heavenly Father to take charge of our day! For His guidance and protection and for His instructions to the path He would have us take!

No matter where our paths lead, we can be confident that we are not alone, that whatever we face, God will see us

I pray for peace in your situation today, I pray for healing in your body, freedom in your mind, I pray that whatever you may face, that our faithful God will come through for you! Amen

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This Newsletter was produced by: **Lalaa Comrie** Writing & Communications for more information visit www.lalaawrites.com

Curry Fish BY: SIS LORRAINE

2 lb. basa fish fillet (not frozen)

2 tablespoons curry powder

1 clove garlic, chopped

1 sweet pepper, sliced

1 onion, chopped finely

2 tablespoons of butter

1 cube fish bullion

1/2 cup water

A dash paprika

1/2 tablespoon cumin (optional)

In a saucepan brown over medium heat the curry, onions, garlic, fish bullion, butter, cumin and paprika. Then add the green peppers, water and finally the fish steaks. Lower heat, cover tightly and simmer for about 12-15 minutes. Do not stir.

Serve with white rice and vegetables



When God created the universe, he did two things. He did not copy anything because he started everything. And two what he did was express Himself, when our lives are filled with Jesus Christ,

We see the mind and the heart of our creator in the beautiful setting of a early morning sunrise and the magnificence of a setting sun and all the splendor at night in the starlit sky.

We see God in the mountains, oceans, forest, flowers, birds, animals; all of nature becomes a glorious tribute to the unmatched artistry of God.

We also see God in our circumstances as well, in his sovereignty working out things for us.

For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead; so that they are without excuse. (Romans 1: 20) kvj.

Heavenly Father we are in awe of your creation Thank you Lord for being the central cord of our lives from which all else is attached, and allowing us your peace and joy of seeing everything through your eyes Amen.





Listen for Him the First Time by: Leila M. Springer

I am so glad that God does not see us as we are, helpless and hopeless with no real sense of where we are or should be going. Instead God sees us and chooses to rise above all our weaknesses to reveal His sovereignty, as he did to Jacob on his way to lodge with his uncle Laban after he was caught in the act of deception.

The journey was long and tiresome. He probably wished he had not cheated his brother and could return home to his familiar surroundings, but circumstances did not allow for any retreat. Esau was out for revenge so Jacob had to keep heading away from home. Often when we are going on a journey we plan, we get out our road maps, MapQuest, or GPS and we chart out the distance, ponder the different choices we may have and the best route to take us to our destination. But Jacob did not have time for planning. He had committed a sin against his brother and was now a wanderer, a fugitive, lonely, helpless and homeless. He had no idea of what he would meet along the way or what conditions he was open to at the end of his journey. Would he be accepted? Would they treat him as family? Would he be welcome in his new home? Jacob had no idea.

His journey brought him to a certain place. This was a spot, I believe, chosen by God for a special encounter, but unknown to him. Jacob made a pillow out of stones and proceeded to lie down to rest. He had no idea of what would transpire between him lying down on the ground and rising in the morning to continue his journey. He was too tired to think. All he knew was he needed to rest; he just could not continue without resting. It was in this condition, tired and weary, that God chose to visit with him and remind him that he was not alone. This is where God chose to reveal Himself to Jacob in a way that He hoped Jacob would not forget. The angels in the dream were good but what followed after the angels' appearance was a direct statement of promise and guarantee that should be Jacob's companion for the rest of his life. However, instead of it being Jacob's companion, he quickly forgot.

The dream of angels ascending and descending was good, great, lovely. We love seeing angels - it is often our cue that God is watching. This was wonderful, on the hard ground with a stone as his pillow, and he dreams of angels bringing messages up and down the ladder. This would make a good story for friends the next day, a great testimony of how God visited and of the angels that were present. This testimony service would bring with it lots of hallelujahs and thanksgiving to God for remembering us during times of trials. Great we say; but no! God had an even greater plan for His servant, but he missed it. Gen 28:13-15 are three important verses in this discourse. God identified Himself, so there would be no mistake in who was speaking and then promised him the land and also to his descendants. From the North, South, East and West, it would be his and furthermore, God .

sealed the promise by saying "Behold, I am with you and will keep you wherever you go and will bring you back to this land; for I will not leave you until I have done what I have spoken to you". Wow! What a promise. Who wouldn't want to hear that from the Almighty, the all-powerful, the great provider, the omniscient, the omnipresent, the Alpha and the Omega.

I can't think of anyone who would not like to have a promise like this from God directly. Unfortunately, Jacob saw the angels, heard the voice but by the time he woke up it was all gone.

How many of us miss the messages and promises that God gives us during difficult times because we focus on the wrong things? How many of us have significant dreams and when we wake up it is all gone? While we remembered when we first got up, after lying for another half hour or so, we rose, got busy and forgot everything that God spoke to us about. We know that Jacob forgot because by the time Jacob poured oil on the stone and named the place Bethel, the message didn't seem quite so significant anymore. Now the message would be one of those vague messages that didn't really mean anything, just a little memory of a dream. Here we see Jacob making a vow and this is what he says, "If God be with me and keep me in this way...." What do you mean Jacob? Did God not say, "I am with you and will keep you" ... "I will not leave you"... Oh thou of little faith! Where forth did you doubt?

When God makes a promise, He keeps that promise. We have no reason to doubt, except that we allow the cares of this world and the conversations of others to distract us and weaken our faith. We call, text, or email our friends to tell them about our experience but by the time we are done an hour or two later, it no longer seems as important, and then we wonder if God sees our struggles.

You are more than what you have become.

Friends, I challenge you to read this story again and put you name in the place of Jacob, then ask yourself, when was the last time God made a promise to you and you missed the message? God makes provision for the accomplishment of all his plans toward us as he did to Jacob, despite what he had done. God gave Jacob everything but Jacob was stuck with the two-letter word "if" He could not get beyond, he could not rise higher in his thoughts of one who had just seen a glorious vision of a ladder from earth to heaven, somehow, he was limited. He could not enter the reality and fullness of the mind of God. He seemed to limit God and bring him down to his own limited world and failed to apprehend God and see his heart. If he did, he wouldn't have to repeat this lesson.

Jacob's action is a telling account of a man who had not yet reached the end of himself, therefore had not truly begun with God. He would have to wait for another journey, this time on his way back home and the story is quite different. Jacob learned how to hold on and not let sleep deprive him of the blessing he was sure was his. Jacob became a prince with God, had his name changed to Israel and was on a new trajectory toward his destiny.

It is my prayer that no one reading this would miss God's message the first time. It was several years before Jacob got another opportunity. Your destiny awaits you, be careful of your surroundings, be alert to your dreams, be steadfast in your faith because as he promised 'I will never leave you or forsake you."