Your Season Will Change...

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Greetings to all the saints in the mighty name of Jesus Christ!

Winter has passed and spring has arrived! With the change in season, the snow quickly diminishes and the sun begins to make its grand appearance. The weather changes and we move from cold frigid weather to rainy, warm and sunny days. We begin to see the flowers bloom and the leaves sprout. The cold wintery weather only lasted for a short time and we are moving into another season. Seasons are inevitable. It will come and go whether we like it or not. It is the same with our lives. We go through seasons of change. Some may have gone through a season where it looked like nothing was happening. Everything seemed to be dead and cold. But I am so glad that the wintery season of our lives doesn't last forever. Spring will come...and eventually Summer. If you are in the midst of your wintery season, I want to encourage you that your season will change. The flowers will bloom once more and the Sun will shine again!



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God bless and love you all! First Lady Rosenda James



Words are Containers for Power

Greetings to all the saints!

Have you ever wondered about how much weight your words carry? Have you ever taken the time to selectively choose your words before releasing them into the atmosphere? Do you find that your life is at a standstill? Could it be that your situation is being influenced by your words? The Word of God is a powerful weapon that we can use to change circumstances in our lives. So often, we speak things that don't line up with what the Word of God says. We are quick to come into agreement with what the enemy says and we carelessly utter things like, "I am too old and not smart enough to go back to school," I am always tired, something must be wrong with me."

I grew up hearing this phrase, "What you say shapes." In other words, what we say can have a direct effect on our environment. Some of us are not seeing the change that we desire because we are stuck in the rut of negative speaking. The Bible tells us that life and death are in the power of the tongue. Begin to speak the Word of God over your life and over your situation and witness the inevitable change that will take place. Regardless of how you feel or what you are facing, continue to repeatedly speak the Word of God. Eventually, things will begin to turn around and what you say will take shape. As Joyce Meyer would say," words are containers for power." There is power in your words, so be careful with how you choose to use them!

Have an awesome April! Abundant Blessings, Pastor Bridget

WHAT IS CHASING YOU?

BY REV. HILARY SALMON



I Salute You In The Most Worthy Name; Jesus Christ of Nazereth... and By The Holy Ghost And Fire.

It is an honour to participate in your Monthly Newsletter.

As I looked to the Lord for a word to share, I was directed in my spirit to ask; WHAT IS RUNNING AFTER YOU? This brought me to Exodus 4:1-4 which reads: And Moses answered and said, But, behold, they will not believe me, nor hearken unto my voice: for they will say, The LORD hath not appeared unto thee. 2 And the LORD said unto him, What is that in thine hand? And he said, A rod. 3 And he said, Cast it on the ground. And he cast it on the ground, and it became a serpent, and Moses fled from before it. 4 And the LORD said unto Moses, Put forth thine hand, and take it by the tail. And he put forth his hand, and caught it, and it became a rod in his hand.

Ladies we need to let go of what we are holding on to. For in our hands our gifting might seem just to be a rod; but upon God's command to let go we might find that thing that seems dead and unresponsive is, in fact, alive and ready to be used by God.

Thy rod and thy staff they comfort me

We might find that talent that lies within us is beyond powerful, that upon its reveal we find ourselves running away from it. But Stop!!! Are you running away from it, or is it running after you? You see, we cannot run away from that which is placed in our hands or buried within us, so stop running. Your call, your vision awaits your decision to pick it up by the tail, the tail means the end.

Can you see the end of your vision or that which lies within you? You see everyone, even our creator saw the end of creation before he started to proclaim "Let there be." May we do the same. Grab it by the tail and start believing in what you saw when you dropped it, you will be surprised.

A rod in your hand without a revelation is only a piece of stick. But when the reveal takes place to show what it can become it is no more a piece of lifeless stick in your hand but a rod is in our hand for chastising, correction, ruling, a scepter, a support for the journey and of life. We are never alone, there is a rod that is in our hands. Thy rod and thy staff comforts me.

Someone is waiting on you to believe again, to hear your voice and know that God, yes God has spoken to you and has sent you to comfort, a bearer of life giving words, and for direction. Don't wait, no one can do this for you but you.

Remember this, it is impossible to run away from which lies within you or is placed in your hands. You can never run away from it, it chases you and is within you. Healthy Regards And God's Blessings Be Yours.



Prayer Corner BY: MARGARET MCKENZIE

I love the song Jesus paid it all ;All to him I owe sin as left it's crimson stain he washes white as snow.

For way back in time when we had no idea what this is all about more than two thousands years past He did pay it all by shedding his blood for us by his death burial and his resurrection. 1 Corinthians(15:1-4) We celebrate Christ victory over death, on April 16.

A new commandment I give unto you, that ye love one another ; as I have loved you that ye also love one another. By this shall all men know that ye are my disciples, if you have love one another. John 13:34-35.

I read this some time ago but it is worth repeating that we can consider it.

The Roman government was disturbed of what they were hearing about the Christian gathering. Some spies was sent out to check on them and bring back a report. It went something like this. "These Christians are very strange people They speak of One by the name of Jesus, who is absent, but whom they seem to be expecting at any time, And my goodness how they love Him and love one another.

If a atheistic government should send a spy to our church would they find that love to report back?

Knowing God through Fasting, Praying, Studying and Believing His Word

BY KATHY LEWIS

Our greatest enemy is our mind. It is an open field of landmines filled with doubt, fear, dread, worry, hate, envy, and anxiety, among other trappings, and as children of the Most High, if we are not careful, we will step on these masked dangers, blowing us out of the Kingdom of Heaven. The Scripture declares that the flesh is enmity against God; the flesh is governed by our thoughts, including our imagination. The mind is the control centre of all actions. We have a choice to act or to react, depending on our morality based on the laws of God, which can be entirely subjective, without the directions of and obedience to the Holy Spirit.

One famous philosopher states, "[We] think; therefore, [we] [are]." The emphasis is not our true and real existence. Neither is it existentialism - the physical space that we occupy and the thoughts and actions that govern our existence. As Christians, our hope is secured. Christ is our sale, pun intended; he died to save us, purchasing our sins with his blood, and he is our compass in stormy weather. He called Peter out to walk on water, total control over a raging sea, also demonstrating our ability to rise above the physical world, literally, and our ability to rise above our circumstances, metaphorically. We are also called to walk on water; however, we must learn how to be conquerors, having total control over our minds ultimately our actions. What we see, hear, taste, and feel is all deposited into our minds resulting in actions: negative or positive. Our minds tell us it is impossible because it is not in sync with the physical world or the laws of nature. It is not natural to walk on water, but it is not impossible. Peter saw the vastness of the sea, and he equated it to death, fear, and of course, he began to sink.

Our greatest eveny is our mind How do we use our minds to bend situations? How do we bend our minds to

How do we use our minds to bend situations? How do we bend our minds to our situations believing that God will do what He says He will do? We must be cognisance of what we consume. Stay away from junk. Paul encourages believers to fill our minds with the virtues of Christ: "Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." He goes on further to say, "Be ye transformed by the renewal our minds." Paul's sentiments echo our innate ability to lean towards negatives as oppose to positives, a consequence of Adam's fallen race, the physical and spiritual deaths of humanity.

Usain Bolt, a Jamaican sprinter, and worldwide sensation demonstrates in his feature film, Bolt, what it takes to hold both the 100 metre and the 200 metres world records. For him, training and diet are intense, highly planned and delivered, of course, with arduous work and discipline - 4:00 a.m. drills, Leg Raises, Side Sweeps, Reverse Crunches, Side Plank Clams, Bunny Hops, Box Jumps, Bounding, and Cabe Knee Drive, not to mention a strict diet. People nationwide huddled around their television, glued to their phones and other devices in great anticipation; some with confidence that Bolt will, not only win but he will set world records, at the 2016 Olympic Games in Rio as he had done it before with great strides.





As children of the Most High, we are born winners, again Christ purchased our sins; we are heir of God's Kingdom, but we need to have an attitude of winning, like Bolt, not just in our emotions but our thoughts leading to our actions. Having the mind to run is not enough. If we step on the track overweight and out of shape, we will not even be able to get to the starting line much less on our mark because we will be out of breath just by walking to the starting line. Therefore, are we running this race to win, or are we merely looking for hangout buddies or spectators?

We have the greatest coaches of all time. Our trainer is Christ, our manual is the word of God, and our chief strategist is the Holy Spirit: The mighty three. We need to study the word and write it on our hearts. David says, "I have hidden your word in my heart that I might not sin against you." "Faith comes by hearing, and hearing by the word of God." One person highlights it best, Daniel studied meticulously and recognized what was befalling his people, as written in the Book of Jeremiah, a seventy-year captivity. Fast. Daniel fasted for 21 days, and even though the natural eyes couldn't see the workings of the Most High, answer was on its way. Daniel said that he alone saw the vision and the others with him were filled with terror that they fled. Pray and cease not despite what we see. One person reminds us to begin praying by showing love, adoration, gratitude and praises to the Most High. Daniel began his prayer by saying, "O Lord, Great and Awesome God." One writer states, "Daniel knew the problem was not with God. God keeps His covenant and mercy with those who love Him." Paul says in Philippians, "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." Believe God. Abraham believed the Lord, and the Lord counted him righteous. His faith led to a lineage of a chosen people, of royal priesthood, a holy nation. God's special possession, a peculiar people. Prayer, Fasting, reading and believing God's word are the key to unlocking the mind, revealing the secrets of heaven. By this, we know that we truly know the Most High.

> SEEK MY FACE, and you will find all that you have longed for. The deepest yearnings of your heart are for intimacy with Me. I know, because I designed you to desire Me. Do not feel guilty about taking time to be still in My Presence. You are simply responding to the tugs of divinity within you. I made you in My image, and I hid heaven in your heart. Your yearning for Me is a form of homesickness: longing for your true home in heaven.

> > 40 Days with Jesus -Sarah Young

Prayer Changes Everything! I AUDIA ROMAINE

Psalm 50:15 "Then call on me when you are in trouble, and I will rescue you, and you will give me glory."

God can move mountains! And prayer and faith move God.

It's our communication with our Heavenly Father that sustains us on this difficult journey of life, and thankfully, we don't have to travel this road alone.

God has given us a direct line to His throne room, day or night.

He hears us when we pray and responds to the cries of His children.

Pray, believing! Pray sincerely!

Pray with complete devotion to our Lord and savior!

We cannot expect God to answer our prayers when our allegiance is divided.

In other words, we can't have one leg each in two different canoes.

When we pray, we need to pray knowing with absolute certainty that our God hears and answers our prayers!

Many times, we pray and ask God to take away our troubles, but we pray hoping, not believing. Life would be so much simpler if we accepted the fact that we can't solve our own problems. Only God can see the big picture, so He alone knows the solution.

There's no problem too big for God to solve, and there's no tear that prayer cannot wipe away! There is no sadness that God cannot erase!

Prayer brings God to the rescue, so instead of waiting until the problem become so large that we are swallowed up in the pit of depression, go to God first!

Prayer changes things!





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Trust In The Lord With All Your Heart BY: SHARMAINE WALCOTTE

It's not about what we have, where we live nor who we are connected to! We all face difficult times in our lives! Whether we call it a test, a pattern, a journey, (the Bible calls it) seasons. Sicknesses, death, imprisonment, home foreclosure, family chaos, facing unemployment! Whatever the label, at some point or another, it's inevitable! But how we embrace or deal with our trying times, determine whether or not we pass and overcome!

During these times, What Should We Do?! Some of us find solace in the presence of God, in the comfort of friends, in habits that tend to create fogs that blanket our reality, some back themselves in a corner and secretly die in worry and pride. Psalm 18:6 declares, 'In my distress I called upon the Lord, and cried unto my God: He heard my voice out of His temple and my cry came before Him, even into His ears'!

The word of God gives me so much hope, comfort, and strength through my testing times! Come what may, I will call on the Lord! He will answer, He will heal, He will save and He will deliver, He will make a way!

When everything and everyone fails, know that God never fails! 'Trust In The Lord With All Your Heart And Lean Not To Your Own Understanding! In All Your Ways Acknowledge Him And He Shall Direct Your Path'! Proverbs 3:5-6